

Circuit Rider

OCTOBER 2022

Stop by our Pumpkin
Patch this October!



A NOTE FROM PASTOR MESHACH



Meshach Kanyion
SENIOR PASTOR

I'm convinced that Jesus of Nazareth is the most misunderstood, underestimated, and under-appreciated person in human history. This is a bizarre statement considering the fact that the largest world religion has millions of people with varying levels of devotion to him. Nevertheless, I maintain my statement.

Jesus is a popular historical figure, but if you look at the reaction people had to him in the first couple centuries, versus the reaction today, you'll see a stark difference. The Jesus of our day has been largely domesticated and institutionalized; he exists safely within the confines of religion and dogma, where he isn't a threat to anyone or anything.

This is a huge opportunity for us! I hope you can see it.

As disciples of Jesus we have been commissioned to go into the world bearing witness to him, through the continuation of his life in us. As the oft-repeated quote says, "Be careful how you live. You are the only Bible that some people will read." It is also true that we may be the only expression of Jesus's life many people will encounter.

To that end, I'd like to continue the pastoral tradition of leading you in a renewed look at the man, Jesus Christ, and see how his life, teaching, healings, exorcisms, and unfolding of the Kingdom of God, beckon us to join him in his revolution.

On October 2nd we started a series called, "A Glorious Life." You can prep by studying Matthew 4-7, as well as the rest of the Gospels. I'm hoping this long look at Jesus will be enlightening for all of us, and will leave us with a greater desire to become like him.

In addition to this series we are entering into an exciting time at COS. Having just wrapped up our pledge campaign — by the way, thank you for your generosity. (If you haven't yet made a financial commitment, please do so, a give heartily "as unto the Lord.") — now we will be making the slow journey towards Advent. The journey is slow because there are a lot of opportunities to participate in COS classes, small groups, missional events, etc, along the way.

If you're habit has been to only participate on Sundays, you are missing out. Don't miss out! Find a group to join; for those are the places where relationships are formed, and formation begins in earnest. If you don't know where to begin visit <https://www.cos-umc.org/connect>.

Also, in the next few weeks you'll notice a few new faces on the staff portion of the website. Please extend the same kind of welcome to them as you have to me and my family.

Your pastor and brother,

Meshach



Looking for a way to serve at Church of the Saviour? Join the Hospitality Team! Help us offer a warm Church of the Saviour welcome to our guests and congregation by serving

with the Hospitality team. We are always looking for smiling faces to serve in a variety of roles in both worship services, however we are most in need of ushers and greeters at the 9:30, contemporary service.

Both the ushers and greeters are welcoming our congregation. If you can smile, you can do this!

Your smile shares God's love with all who enter; leaving behind the stress of everyday life and welcoming all to enter into God's peace and presence. If you are interested in joining our Hospitality Team, contact Ann Wurster, awurster33@gmail.com.

KIDS CORNER

- October 2** Sunday School @ 9:30a
Kids Corner @ 11a
Safe Sanctuaries Training at 12:15p
- October 5** Kids Choirs & Bells practices @ 6p
- October 9** Choir 4th-6th sings @ 9:30a
Sunday School @ 9:30a
Kids Corner @ 11a
- October 10** Safe Sanctuaries Training @ 6:30p
Kids Choirs & Bells practices @ 6p
- October 16** 3rd Grade Bible Presentation @ 9:30a & 11a
Sunday School @ 9:30a
Kids' Corner @ 11a
- October 17** Kids Choirs & Bells practices @ 6p
- October 23** Choir 1st-3rd sings @ 11a
Ringers 4th-6th play @ 11a
- October 24** Kids Choirs & Bells practices @ 6p
- October 28** Trunk or Treat @ 6:30p
Family Movie in the Pumpkin Patch @ 7:30p
- October 30** Trunk or Treat Rain Date @ 3p



Kids Corner is our **NEW programming at 11a for kids** 3 years old through 6th grade.

The PreK/K Class meets in room 105 and uses Play-n-Worship curriculum so that they learn about God and His great care for them by doing. Leaders for this class are Mrs. Pam Senefeld, Miss Rachel Travis, Mr. Eric Bodge, and Mrs. Mackenzie Bodge.

The 1st-6th Class meets in the Youth Room (100) and incorporates a wide variety of hands-on learning, games to build relationships and connect kids to God. This class is taught by Mrs. Michelle Shiparski



We will celebrate the tradition of presenting Bibles to our 3rd Graders on **Sunday, October 16** at both worship services. It is our prayer that this gift will be a starting point for a deeper relationship with God enhanced through the study of God's word.

If your child is in third grade OR if you are new to Church of the Saviour &/or your child did not receive a Bible last year and would like to receive their Bible, please let us know [through this link](#).

Trunk or Treat is an event where people gather and park their cars in our parking lot, open their decorated trunks or the backs of their vehicles, and pass out candy. The event provides a safe, family-environment for trick or treaters. We are looking for participants to take part.



When: Friday, October 28 **In case of inclement weather, the backup date is Sunday, October 30.*

Time: You can arrive in the parking lot at 5:15p and after. Just be ready to go at 6:30p. **If event is moved to Sunday, the parking lot will open at 2p, and Trunk or Treating will start at 3p.*

Provide: A vehicle that you can decorate (Car, Truck, SUV, Mini Van, Motorcycle, RV, Boat) and candy (plan for 200).

[Sign your vehicle up here.](#)

Need decorating ideas? Consider these:

- 50's, 60's 70's theme
- Circus / Clown
- Beach or Luau theme.
- NASCAR Theme – Display all your souvenirs

KIDS CORNER

Harvest Theme

Sports Theme (pick a sport) – Team displays are popular

Animal Themes – Stuffed animals count.

Western Theme

Camping Out theme

Christmas (or other holiday) Theme

Gone Fishing Theme

Pirate Theme



NURSERY NEWS

News from the Nursery: 7 reasons why serving in the church nursery is important

Reason #1 God is in the church nursery. The Bible has specific promises about God's presence when children are welcomed and loved in Jesus' name.

Reason #2 Your service in the church nursery allows parents to focus on worship, rather than worrying about their children. In a very real sense your ministry makes it possible for the pastor to fulfill his ministry.

Reason #3 The first (and sometimes lasting) feelings a child will have toward church is formed in the nursery department. While not everyone agrees, we believe that a positive experience in the church nursery is essential.

Reason #4 When you serve in the nursery, you are being entrusted with the most important (and vulnerable) members of our church family. There is no greater treasure on this side of heaven than the little ones God has given us.

Reason #5 Your service is essential for your own spiritual growth. You may have never looked at it this way, but a *growing* Christian is always a *serving* Christian. Jesus was known for putting others first, when you serve in the church nursery you are walking in his example.

Reason #6 The church nursery is the first contact young

families will have with your church. Your friendly greeting and exceptional care for their children can make a great first impression for your church. If they don't feel like their children are safe, they will not return – and rightly so.

Reason #7 Your service in the church nursery is a powerful opportunity for prayer. If every nursery worker would spend several minutes praying over the children in their care, imagine how God might begin to change this coming generation! [Sunday Morning Volunteer Sign Up](#)



Nurturing New Parents Ministry

Nurturing New Parents. Are you expecting a baby, or did you recently gain a new member to your family, either by birth or adoption? During this

important and precious transition in a family, we as a church want to support parents through their journey. **Nurturing New Parents Ministry** aims to serve new parents within the church. If you are a new parent, whether this is your 1st baby or 2nd or 5th, get connected by contacting the church at (513) 791-3142.

Pennies with a

Purpose. When a child is baptized at Church of the Saviour, one of the gifts we give the family is a jar of **936 pennies**.

Why? Each penny represents the approximate number of weeks from the time a child is born until they graduate, and the pennies are reminder to be intentional with the time parents have. Pennies are donated by members of our congregation as a symbol of the investment our church family is making to partner with parents on this journey. **Want to donate your pennies?** Stop by the office & drop them off!





Are You Receiving the Weekly Youth Update?

Each Tuesday the Youth Ministry Team sends an email with all the information you want to know about upcoming events & ministry opportunities for students in grades 7-12. If you would like to receive this email let us know at cosyouth@cos-umc.org.

Youth Sunday School - weekly on Sundays at 9:30am in room 103. No signup required, show up any time!

Youth Group – weekly on Sundays 6pm-8pm including dinner. Friends are always invited!

Pumpkin Patch

Dear Church: You are *all* invited to help set up the Pumpkin Patch on **Saturday, October 8th from 7:30am-9:30am**. The pumpkin truck will arrive at 8am sharp!

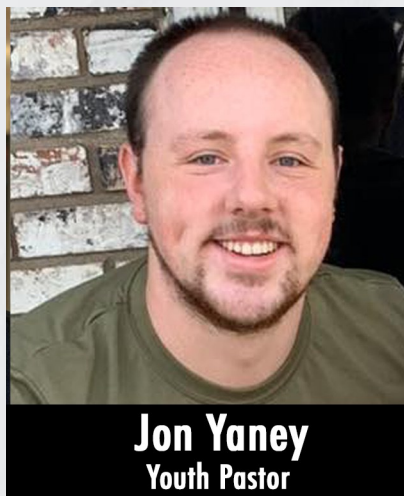
Once the pumpkins arrive, the Pumpkin Patch will be open for business. Volunteers are needed 3:30pm-5:30pm Monday through Friday, and 9am-5pm Saturday and Sunday, starting October 8th through October 30th.

No prior experience necessary, and no training session required. Try working shifts as a group (families, friends, group, etc.) for even more fun!

Youth Group students...you are highly encouraged to work at least two shifts during the month, as this is a fundraiser to support your Summer Choir Tour and Mission Trip.

To sign up go to cos-umc.org/events, use this [link](#), scan the QR Code above, or send an email to cosyouth@cos-umc.org.

Welcome Jon Yaney!



Jon grew up in Noblesville, IN and received his call to ministry at the age of 14 in 2010 on a youth trip. He studied Bible and Psychology at Anderson University.

Jon comes with prior experience as a Youth Pastor and is excited to move to Cincinnati with his wife Lexiana.

Please join us in welcoming Jon and Lexiana to Church of the Saviour family.

Youth Group Dinners

Youth group is held Sunday nights at 6pm-8pm, and each gathering starts with a church-provided dinner. And as we know, *we are the church!* Use this [link](#) to signup!



The Wonderful and Awful World of Youth Sports

The Wonderful and Awful World of Youth Sports

An event presented by Peace House Ministries

Thursday Nov 3, 2022 – 6:00 pm food served – 7:00 pm presentation

Church of the Saviour - 8005 Pfeiffer Rd

FREE – No Reservation Required

Two seemingly opposed thoughts can be true at the same time: youth sports can be extremely beneficial to a child's physical, social, and emotional development AND the intensity of youth sports culture is out of hand in our country. Finding the balance between what is good for student athletes and when it goes too far is a difficult task, but it is one that we need to take more seriously for the well-being of our children and their mental health.

On **Thursday November 3**, Peace House Ministries will host **"The Wonderful and Awful World of Youth Sports"**, a presentation about how to make the most of your child's sports experience while also setting healthy boundaries. This presentation is meant to be a conversation-starter for parents and their athlete(s) about why sports are important to their family. The presenters desire to help student athletes achieve what is best for their overall well-being while allowing sports to be a healthy part of the family experiences, not the burden and burnout it has become.

The evening will begin at 6:00 with a tailgate in the Fellowship Hall of Church of the Saviour, including free hot dogs, popcorn, and refreshments. The presentation will begin at 7pm.

The presenters are Emily and Andy Sweeney. Emily is an English teacher at Sycamore High School. She was a 3-sport varsity athlete in high school and was inducted into the Sycamore Athletic Hall of Fame. She also played four years of varsity soccer at Ohio State University. During her time at OSU she was a two-time captain and was awarded Team MVP and Offensive MVP. Emily has 20 years of experience with coaching at the high school, club, and SAY levels. Andy is a clinical psychologist and founder of Basset Psychological Services in Madeira, where he works with many student-athletes. Andy ran track and cross country in high school, but chose not to run in college. In this presentation, Emily and Andy combine their professional and personal experience and expertise to share a unique perspective on this topic. All are welcome!



Finance UPDATES

Church of the Saviour
Financial Report for August 2022

Income vs. Expense	August 2022		2022 Year to Date		
	Actual	Budget	Actual	Budget	% of Budget
Income					
Tithes & Offerings	206,092.48	121,041.84	\$ 955,924.69	\$ 968,334.72	
Other Income	1,624.59	207.50	23,832.51	\$ 1,660.00	98.72%
					1435.69%
Total Income	207,717.07	121,249.34	\$ 979,757.20	\$ 969,994.72	101.01%
Total Expenses	64,078.18	121,044.57	\$ 862,221.08	\$ 968,669.56	89.01%
Net Operating Surplus/(Deficit)	143,638.89	204.77	\$ 117,536.12	\$ 1,325.16	
Net Other Income/(Expense)					
Net Surplus/(Deficit)	143,638.89		\$ 117,536.12		

On a Year-to-Date basis, our income was \$979,757.20 (101% of budget) and our expenses were \$862,221.08 (89% of budget). As of the August 31, we have a YTD operating surplus of \$117,536.12. We have an outstanding construction loan balance of \$40,000 which we plan to retire by the end of the year. Finance and SLB will be working on our 2023 budget for next year in October. Inflation is impacting virtually every expense line. We look positive for 22 as we go into October, but there are a lot of variables in the coming months.

Thank you,
Church of the Saviour Finance Committee

ANNOUNCEMENTS

A Note about Door Security:

Dear members and guests of Church of the Saviour (COS):

Representatives from the Montgomery Nursery School (MNS) and Servant Leadership Boards (SLB) met to discuss the best way to ensure that our building remains safe and accessible during the current preschool year. Below is the new policy that we will be using to enable continued usage of COS space, and promote safety for the preschool and everyone using our facilities.

For the remainder of the MNS school year all exterior doors will be locked from 9AM - 3PM, Monday — Friday. If you need access to the building during these time please utilize the intercom system and a church staff member will grant access. If you have a regularly scheduled group meeting, we ask that you would create a rotation where one group member stands at the door to give your group members access until your meeting begins. Please do not prop open any doors.

Additionally, if you're in the Sanctuary portion of the building and you need to get to the church office space, we ask that you would use one of these options:

Exit the building and walk around to the entrance by the main office. This helps our preschool teachers who are trying to keep their classroom spaces safe and they may not recognize everyone from the church.
Call the church office and a staff member can come and meet you.

Church office hours are Monday — Thursday, 9AM — 3:30PM, and Fridays by appointment only. Doors will unlock as required for evening and weekend activities.

If you have any questions or concerns please contact our Building Administrator, Dorothy Stadelmann, at dorothy.stadelmann@cos-umc.org.

Thank you for helping us continue making Church of the Saviour and Montgomery Nursery School a space where growth and relationship development can happen.

Respectfully, Montgomery Nursery School and Servant Leadership Board.

Thank you Church of the Saviour!



Stewardship Campaign Recap:

On September 25th, Church of the Saviour had its annual pledge commitment Sunday. On that day we received pledges totaling \$530,000. The 2023 pledges continue to arrive at a steady pace and as of today, **we have received pledges totaling \$1,028,870**. If you have not made your pledge yet, you are still able to do that by contact Melissa Hagemeyer at melissa.hagemeyer@cos-umc.org or by visiting our website!

Thank you so much for your generosity, Church of the Saviour! A pledge is an act of worship and makes possible the ministry of changing lives, transforming communities, and renewing the church.

Contributions like yours help us to engage our mission of making disciples of Jesus Christ by allowing us to hire and support our staff, provide space for people to worship and deepen relationships with one another; they also help us provide opportunities to serve our community, and much more. We bless God for giving you a heart of generosity and a willingness to sow into this field known as Church of the Saviour.



Special thank you to our "Begonia Brigade." This team (Lora Swedberg, Rick Huff and Ellen Porter) have been watering our begonias 3x per week! Aren't they gorgeous? Thank you for taking the time to help keep our church beautiful!

NEW STAFF ANNOUNCEMENTS



Christian Cunningham
Contemporary Worship Leader



Peyton Voline
Worship Technology Coordinator



Jon Yaney
Youth Pastor

Dear Congregation of Church of the Saviour,

Many of us have been eagerly anticipating the day this announcement would come; well, thanks be to God, today is that day!

We are thrilled to welcome not 1, not 2, but 3 new members of our Church of the Savior staff team.

Christian Cunningham will be our new Contemporary Music Leader, Jon Yaney will be our new Youth Pastor, and Peyton Voline will be our new Worship Technology Coordinator.

All 3 will be starting in the next few weeks. As you see them please extend the same welcome and hospitality to them as you did when my family and I arrived a few short weeks ago.

Thanks be to God for hearing and answering all of our prayers. And thank you to all of you who prayed, interviewed, made phone calls, or sat in on Zoom Meetings to make this day become a reality.

Peace and Goodness,

Pastor Meshach





Christ caring for people through people

STEPHEN MINISTRY

Who Are Stephen Ministers?

Previous articles described the Stephen Ministry at COS, in general terms of what they do. Stephen Ministers are compassionate individuals who are trained to help us when we encounter loss, grief, relationship challenges, and a myriad of things that can throw our lives into a tailspin. These Stephen Ministers are trained but are not professional counselors. They simply provide love, care, and support when we need it most. A Stephen Minister is a caring individual who can help us navigate our present situation.

We asked Cindy Haynam one of our Stephen Ministers to describe her experience as a Stephen Minister at COS.

Did you have concerns or expectations when you chose to become a Stephen Minister?

Cindy: I had thought about becoming a Stephen Minister for several years and I heard God calling me to do Stephen Ministry.

However, two of my expectations had held me back from joining the Stephen Ministry before:

I thought Stephen Ministers solve another person's problems and provided the answers to a care receiver's difficult questions. However, I learned during my training that Stephen Ministers are not expected to solve other person's problems. We are taught to actively listen and provide supportive care.

I didn't think I could handle dealing with another person's pain and life struggles. Stephen Ministers are empathetic, and the Stephen Minister training taught me how to be empathetic but not become overwhelmed by my care receiver's life issues – which would not be helpful to me or my care receiver.

What did you think was useful or valuable to you from your Stephen Minister training?

Cindy: I learned life skills including communication skills, finding stress outlets, and how to deal with my own stress. What I learned applies to many aspects of my life beyond my role as a Stephen Minister, such as my relationships at work and with my family.

Why is being a Stephen Minister important to you?

Cindy: I had felt lost about my true purpose in life and how to use the unique gifts God gave me. I was constantly searching for how to use my gifts. Being a Stephen Minister has been very rewarding.

What talents or spiritual gifts do you think are important for a Stephen Minister?

Cindy: I think that empathy, compassion, being a good listener, and having a loving non-judgmental heart.

If you know of someone, or you personally feel that you might benefit from a Stephen Minister, please contact Mary Hoover (513-702-5642).

ADVENTURERS



Who are the Adventurers? The mission of this group is to offer several outreach fellowship programs that are not age restricted but are geared to all Baby Boomers, Empty Nesters, and Seniors (or those who will admit to being one). There is no membership – you are invited to come whenever and to whatever tickles your interest or imagination – and it's a great way to meet other Church of the Saviour folks.

Mark your Calendar:

Friday, December 9th, 5:30pm. **Adventurer's Christmas Dinner and program** at Summit Park – the Tower party room.

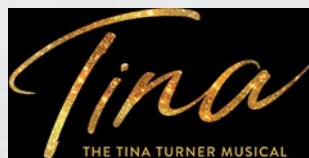
January, 2023 – Bowling Bash at Crossroads Bowling Alley. Exact date and information to come.



Annie, February 9th, 2023, 1pm Matinee at the Aronoff. I have Loge tickets for \$60.25 each. If you are interested, send me a check made out to "COS" to Jane Kieninger, 211 Legacy Lane, Cincinnati, 45249.

The Tina Turner Broadway Musical,

Thursday, October 27th, 7:30 pm show at the Aronoff, For those who have bought tickets, join us for dinner before at 5:30 at Nicholsons or just meet us at the show. Email Jane at jkieninger@aol.com or call her at 513 489 6022 if you want to carpool and if you want to join us for dinner We will carpool from the church at 5:00.



Final payment due now but still room for you! Christmas Time in the Smokies, 4 day 3 night motorcoach tour, Monday November 7th through Thursday, Nov 10. cost is \$590 double occupancy, \$780 Single. We will stay in the same hotel

all 3 nights (yeh!).

Trip includes:

- 3 nights lodging, 3 Breakfasts, 2 dinners
- 4 fabulous Christmas shows including Dolly Parton's Stampede Dinner Show
- time to explore Dollywood
- Guided tour of the Great Smoky Mountains
- and more

This is another White Star Tour. Trip is limited to 40 people. To

secure your spot call or email Jane at 513 489 6022 or jkieninger@aol.com, Brochures are available in the Adventures 'cubbie' near the church office door.

UPCOMING – Other activities that you might enjoy (all ages):

Bridge Group – We are now meeting on the 2nd Tuesday of each month, We welcome any new members who would like to join us. We meet in the Library at the church at 12:45 pm. Please enter through the sanctuary doors. For more information, call Connie Johnson at 513-469-7774 or Nora Moushey at 513-307-5942. Questions can be addressed to Connie Johnson at 513-469-7774 (cjfohnson@gmail.com) or Nora Moushey at 513-307-5942 (noramoushey@cinci.rr.com)



Men's Lunch Group – Every Tuesday at 11:30 – 1pm in room 119. Men's Lunch Group – Starting in September we will meet every



Tuesday at 11:30 – 1pm in room 119. Bring a sack lunch. Share stories, views of current events and explore almost any topic. Some weeks we have a video study or book study. All men are welcome. Group Leader is Ed Daniels with help from Les Sper. If you are interested just show up. Call Ed at 513-

891-4564 for questions. Enter through the sanctuary door 15 minute or later before 11:30.. No reservations are required



Matthew 25 Mission Opportunity This COS mission will meet the 2nd Friday of every month (with a couple of exceptions) from 9:00 to 11:30 at Matthew 25, 11060 Kenwood Road. Matthew 25 is an international humanitarian aid and disaster relief organization. Typical jobs could involve sorting clothes, or pill bottles or hospital supplies to send to needy areas in the USA and abroad. Come and see how fun and fulfilling service can be! We meet at Matthew 25 at 9, then lunch together afterwards (optional). Group coordinator is Leslie Bricker. Please sign up by contacting her at mobricker@msn.com or 513 410 2267. Please contact Leslie for the next date (there have been COVID cancelations).



United Women in Faith

MONTHLY
NEWSLETTER
OCTOBER 2022

A Message from the Presidents

Jenny Motley (jennymotley71@gmail.com) and
Karen Van Wagenen (Vanwagenen.km@gmail.com)

Now you are the body of Christ, and each one of you is a part of it.

1 Corinthians 12, NIV

Join Us on Sunday October 9 to celebrate United Women in Faith.

UWF Sunday is a time to highlight who we are and what we do. Empowered by faith in God, Church of the Saviour United Women in Faith inspires people of all ages to join and serve the needs of our church, our community, and the world.

We are part of the national organization, <https://www.uwfaith.org/>, that fosters spiritual growth, develops leadership, advocates for justice, and educates for mission. Our members nurture one another in an inclusive environment as we answer God's call to turn faith, hope, and love into action. We respond and adapt to the challenges of our times. Together we serve our community by providing support and outreach.

Some facts about our local unit at Church of the Saviour:

- We are one of the largest groups of United Women in Faith in the Ohio River Valley District.
- We have 200+ members.
- We provide opportunities for transformative learning and faithful service through small groups.
- Our board of directors meets monthly on the first Monday of the month.
- Gifts from the Heart, Project 5000, the Children's Closet, and Backpack bundles are some of the many service projects we organize.
- In 2021, we donated \$48K in combined cash and in-kind giving.

What can you expect on Sunday October 9?

1. Find out about our recent name change during Sunday service announcements and video montage.
2. Seek out a hands-on mission project in fellowship hall. We will assemble nourishing snack bags for the children of Wesley Education Center to enjoy after school.
3. Speak with our membership team at the welcome table. Here you can peruse our new brochure which highlights ways to connect to a small group, bible study, or upcoming project.
4. Stop by the volunteer table to sign up. We need your help with many mission endeavors throughout the year.
5. Check out the prayer shawls and prayer squares. Lydia Needlecrafters, a strong active ministry, creates prayer shawls, baby blankets, and prayer squares for people going through illness, surgery, or a difficult season of life.
6. Finally, enjoy coffee, cookies, and fellowship. We want to talk with you and answer any of your questions.

We look forward to seeing you!

Jenny Motley, UWF Co-President

Other ways
to help ...

We Need Your Help on Sunday, October 9—United Women in Faith Sunday at Church of the Saviour

Each year UWF Sunday is our opportunity to thank the congregation for their support of our missions, and educate and recruit new UWF members.

This year UWF members will be manning the hospitality tables and serving as door greeters, ushers, and lay readers during both worship services.

Before each service we will distribute UWF buttons for all UWF members so folks can identify you to ask questions, etc.

We will also host a hands-on mission project—snack bags for Wesley Education Center, a great opportunity to involve our youth. Volunteers are needed on UWF Sunday to help set up and clean up, donate items for snack bags, and oversee assembling the snack bags. Please go to the SignUpGenius link to sign up to help. <https://www.signupgenius.com/go/5080848AEA62BAB9-uwfsunday> Thank you!



UWF Board Meeting

Our next UWF board meeting is on October 3 (11 am-1 pm) on Zoom. Everyone is welcome to attend. Contact Jenny Motley (jennymotley71@gmail.com) for the Zoom link.

This month's meetings

Last month's activities

SMALL GROUP MEETINGS FOR OCTOBER

Everyone is welcome at any of our monthly gatherings. Contact the leader/contact person to be sure you have all the details.

WEDNESDAY: Lydia Needlecrafters (1st and 3rd Wednesdays of the month) Leader: Donna Steinmetz (513-563-7144)

OCTOBER 5 and 19: Lydia Needlecrafters meet the first and third Wednesday in the church parlor at 5:30 pm. (10/19 has a zoom option as well). Prayer Shawls are provided to anyone in need of God's blessings as they go through difficult times (illness, surgery, or suffering one of life's many complicated situations). Baby blankets and hats are knitted for new babies. Prayer Squares are available to be distributed to a group of people. To obtain any of these see any Lydia member, call Donna Steinmetz, or contact Dorothy Stadelmann (513-791-3142) at church.

TUESDAY: Susanna Wesley Women in Mission
Leader: Sandy King (513-260-4717)

OCTOBER 11: Susanna Wesley Women in Mission will meet at 7:00 pm for a presentation about United Women in Faith Jenny Motley, Co-President of UWF at Church of the Saviour. Contact Sandy King for more details or if you have questions.

TUESDAY: 3rd Tuesday Morning Hannah Group
Leaders: Euphazine Reid-Kendall (678-857-8362) and Dorothy Stadelmann (513-791-3142)

OCTOBER 18: Hannah Group will volunteer at Crayons to Computers (10 am-12 noon), located at 1350 Tennessee Ave., Cincinnati, Ohio 45229. This is the 25th Anniversary for this Teacher Resource Center (Store) that offers basic learning tools that teachers use to motivate and inspire students. Cincinnati is one of the poorest cities in the country, nearly 30% compared to 14% nationally. This organization has worked hard to level the playing field by ensuring that teachers have tools for students to succeed. Volunteers organize and repackage items for distribution. Lunch will follow at an agreed upon location. We hope you can join us! If you have questions, contact Euphazine Reid-Kendall or Dorothy Stadelmann.

Mothers and Daughters Group
Leaders: Pam Senefeld (maxmuir1@aol.com/513-314-5042)

October 23 (11:00 am): Mothers and Daughters group will meet in the church dining room (next to the kitchen). We will decorate the Gifts from the Heart stocking stuffer bags to help with this church service project sponsored by UWF. We have 250 bags to color, decorate, stamp, and share through Gifts from the Heart. Wesley Education Center, York Street UMC, New Vision UMC, Wesley Chapel Mission Center and some other children in need will be the recipients of the bags. Any questions, contact Pam Senefeld.

Mothers and Daughters group held a summer event before they went back to school. They had some trampoline fun!!



BETHANY HOUSE
Services is the focus of
the Children's Closet in
OCTOBER

Children's Closet Coordinator: Jean Feldmeyer
(jean.feldmeyer@yahoo.com)

In the month of October Children's Closet will once again collect items for Bethany House Services. We usually collect things for two months at a time to give people time to get things in. Bethany House Services is a non-profit organization that provides family centered homelessness services to help families reach self sufficiency. They provide emergency shelter, housing programs, case management, and permanent affordable housing. Also classes are offered for families experiencing homelessness and children's programs are offered too. Their needs for Children include: **new underwear for kids, diapers, wipes, toiletries (deodorant, tooth paste, tooth brushes, soap, and shampoo), wash cloths, and towels.** As always we will accept other donations for other organizations we support. United Women of Faith thanks you for your generous support. Any questions can be directed to Jean Feldmeyer.

Bible Study
Available

UWF Bible Study (1st & 3rd Wednesdays) on Zoom
Leader: Teri Ballard (513-313-4169)

OCTOBER 12 & 19 (7:00 pm): The Wednesday evening UWF Bible study is studying Adam Hamilton's "Words of Life: Jesus and the Promise of the Ten Commandments Today." Contact Teri to get the Zoom link for this bible study.

United Women of Faith Book Discussion

NOTE: DATE CORRECTION

BOOK GROUP DISCUSSION:

October 25 (7:00 pm) in the church Parlor. Jackie Nelson recommended this book to us as it was part of the reading as she trained as a Stephen Minister. Consider reading the following book this fall and join us for a UWF discussion. All are welcome!

The Choice: Embrace the Possible

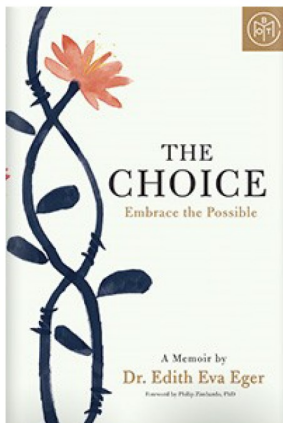
Winner of the National Jewish Book Award and Christopher Award

At the age of sixteen, Edith Eger was sent to Auschwitz. Hours after her parents were killed, Nazi officer Dr. Josef Mengele forced Edie to dance for his amusement and her survival. Edie was pulled from a pile of corpses when the American troops liberated the camps in 1945.

Edie spent decades struggling with flashbacks and survivor's guilt, determined to stay silent and hide from the past. Thirty-five years after the war ended, she returned to Auschwitz and was finally able to fully heal and forgive the one person she'd been unable to forgive—herself.

Edie weaves her remarkable personal journey with the moving stories of those she has helped heal. She explores how we can be imprisoned in our own minds and shows us how to find the key to freedom. *The Choice* is a life-changing book that will provide hope and comfort to generations of readers.

CONTACT Mary Jane Sper (mjsper@gmail.com/513-476-7250) to save your space in this book discussion or if you have questions.



Cashbook Coupon Books with Digital App are Available!

The United Women in Faith (UWF) will again sell the Cashbook Coupons for \$20 each. The profits will be donated to charities that support women and children locally. Popular restaurants like IHOP, Buffalo Wild Wings, Brixx Pizza, Slatts, Meritage, The Works in Loveland, Joella's, Marco Pizza, Sammy's Burgers, and over 200 more places are included. Don't want to be bothered with a paper coupon book? *A digital book is available.* Just download with the unique book code from your purchase. Easy!! Coupons are valid through 2023.

Books can be purchased at church on Sunday or at any other time directly from Charlotte Locke (call 513-891-4611), Jenny Motley (jennymotley71@gmail.com/text 513-658-0982), Leah Hondorf (lhondorf@yahoo.com/text 513-304-5224).

The Cashbooks are great if you eat out and like to save money. They are fun gifts and stocking stuffers for friends, family, and teachers at the holidays.



Partner with State Avenue United Methodist Church

One of the highlights at State Avenue UMC is the Thursday Family Night. Doors to the Fellowship Hall are open, and friends and neighbors are welcomed inside to participate in an evening of fellowship, devotion, and a free meal. The children look forward to the opportunity to learn about Jesus, participate in a craft and enjoy a delicious meal. It is always a great time of community building with our neighbors in Lower Price Hill.

Church of the Saviour will provide Thursday evening dinners once a month. If you want to help with shopping, cooking, baking, or volunteering at State Avenue, contact Bonnie Nesbitt (bonniepnesbitt@hotmail.com).



Eating grape sticks at the Thursday Family Night Dinner!! Yum!



Bakers Needed!

When was the last time your kitchen smelled of sugar and spice?

United Women in Faith is seeking warm ovens that will bake Thanksgiving Spice Cakes and/or Cranberry Christmas Cakes. The cakes are made from a box of cake mix.

How much time does your oven have? The cakes freeze well and can be made ahead of time.



Sign your oven up to help us using the link below: <https://www.signupgenius.com/go/5080848AEA62BAB9-holiday>

Or contact Donna Steinmetz (513-448-7711 or markdonnanathan@hotmail.com) with your oven's availability.

United Women of Faith thanks you (and your oven).

Mark Your Calendar!



Are you registered to vote?

Church of the Saviour's Justice Committee will be set up in the Narthex on Sunday 10/2 to help people register to vote in the General Election on 11/8 if they're not already registered. Up until the day of the election, we are encouraging all Women in Faith members, as well as all church members, to vote, and to remind all your family members and friends to vote.

Civic engagement like this is part of the Social Principles of the UMC and part of our responsibility as good citizens. Your vote counts and voices of members of the body of Christ should be heard. For any further information, contact Lora Swedberg (loraswedberg@gmail.com) or Euphazine Reid-Kendall (ereidk@msn.com).





Friday Mornings, 9:00-11:00am, October 7- Nov. 18
West Chester Hospital, 7700 University Dr, West Chester Township, OH 45069

Stepping On is a FREE 7-week (one session per week) falls prevention program specially designed for adult learners. Stepping On is a community-based, small-group workshop for people who are: 1) at risk of falling, 2) have a fear of falling, or 3) who have fallen one or more times. The workshops meet for **two hours a week for seven weeks**. Stepping On brings together the life experience of its participants and the expertise of community professionals. Group members set short-term goals each week - goals that focus on life activities that are most important to them. The class format cultivates participants' confidence in their ability to manage their health behaviors, reduce their risk of falls, and maintain active and fulfilling lives. Guest speakers such as Physical Therapists, Optometrists, Pharmacists and Community Law Enforcement will teach Balance & strength exercises and the role vision, medication, and footwear play in falls. Participants will learn strategies for avoiding or eliminating fall hazards to better navigate inside and outside the home.

Stepping On has been researched and proven to decrease falls by 31%. Fewer falls mean fewer injuries, fewer visits to the emergency room, fewer hospitalizations, and fewer deaths due to a fall.

[Learn more and register here!](#)



October Builder's Events:

Sunday, Oct 16: Bro Union at Ali's (7820 Camargo Rd, 45243) 7:30 pm.

Sunday, Oct 23: Family Gathering at the Stapleton's (7958 Huntersknoll Ct, 45242) 6:00 pm. Bring a side/dessert to share and beverages for your family.

Sunday, Oct 30: Ladies Night at Alcove by Madtree (1410 Vine Street, 45202) 7:00 pm.

Like COS Builders on Facebook or contact Carrie Feldmeyer for more details about the Builders group and events (benfeldmeyer@yahoo.com or 865-335-7235).

11:00 Builders' Adult Sunday School Class

Our plan is do a combination of video studies, sermon discussions, and book studies. Nursery and classes will be available for infant through youth. For questions or more information, contact Carrie Feldmeyer (865-335-7235, benfeldmeyer@yahoo.com).

Builders Men's Fellowship group, from 6:30 to 7:30pm on Wednesdays at the church (library).

At this point, no agenda, no reading, no preparation... just a hour to connect with one another. There will be food each week since the kids and ladies are already meeting there and bringing meals for everyone. So grab a plate and join us to hang out, talk, laugh, and support and pray for one another.

For more info or questions, contact Ben Feldmeyer (865-335-6913 or Ben.feldmeyer@uc.edu).

CHURCH OF THE SAVIOUR STAFF

HAVE A QUESTION? NEED HELP WITH SOMETHING?
KNOW WHO TO ASK—CONTACT ANY STAFF MEMBER AT ANY TIME!

Rev. Meshach Kanyion Senior Pastor: meshach.kanyion@cos-umc.org

David Anderson, Dir of Children's Music: david.anderson@cos-umc.org

Christian Cunningham, Contemporary Music Leader: Christian.cunningham@cos-umc.org

Dr. Joe Galyon, Dir. of Worship and Arts: joe.galyon@cos-umc.org

Melissa Hagemeier, Office Administrator: melissa.hagemeier@cos-umc.org

Michelle Shiparski, Dir. of Children's Discipleship: michelle.shiparski@cos-umc.org

Dorothy Stadelmann, Building and Office Admin: dorothy.stadelmann@cos-umc.org

Len Troy, Treasurer: len.troy@cos-umc.org

Peyton Voline, Worship Technology Coordinator: Peyton.Voline@cos-umc.org

Jill Waldon, Dir. of Montgomery Nursery School: jill.waldon@cos-umc.org

Jon Yaney, Youth Pastor: Jonathon.yaney@cos-umc.org

Samantha Zeisler, Dir. of Communications, samantha.stanford@cos-umc.org

Looking for a way to serve at Church of the Saviour? We are always looking for new faces to serve in a variety of roles in both worship services, however we are most in need of greeters and ushers. If you are interested, please contact us at 8005 Phillips Road, Montclair, NJ 07042 or call 973-794-3142. www.coss-unc.org

Both the ushers and greeters are welcoming our congregation. If you can smile, you can do this!