

# *Circuit Rider*

NOVEMBER 2022

*Thanksgiving*  
WE ARE BLESSED & GRATEFUL





# A NOTE FROM PASTOR MESHACH



**Meshach Kanyion**  
SENIOR PASTOR

In this month's note I wanted to pass along a book recommendation. As you've probably picked up from my sermons, I love movies and I love to read. Every so often a movie or book makes such an impression on me that I feel as if it is my bounden duty to make sure others pick it up. Such was the case with *The Patient Ferment of the Early Church*.

In this book the author, Alan Kreider, explains how the virtue of patience, embodied in almost every action of the early church's life, placed them on a trajectory of improbable growth. In a day when the church was still very small, had no positional authority, no institutional claim, and was under constant threat of real persecution, these Christians patiently embodied the life of Christ and grew.

This kind of church growth strategy goes against most of the popular ones of our day. Ours focuses on massive activity famously known as the ABC's of church growth: Attendance, Building, and Cash! In other words, get people to come to church; have a beautiful building to welcome them into, and keep the money flowing to enable ministry of all sorts to take place. Again, not bad! It's just remarkable that the early church didn't do any of that... and yet they grew continuously for decades!

Instead of making it easy for people to become members of their Christian communities, new prospects were patiently taken through months of catechesis, where they would learn how to "put on Christ" in word and deed. Their focus was almost entirely on teaching members of their community how to "walk the talk."

This concept was clearly communicated through the extant writings of Bishop Cyprian of North Africa: "Beloved brethren, we

are philosophers not in words but in deeds; we exhibit our wisdom not by our dress, but by truth; we know virtues by their practice rather than through boasting of them; we do not speak great things but we live them."

They believed that by patiently embodying the way of Jesus in their community, even while being mauled by wild animals in the spectacle of the Coliseum, God would bring the desired results. Or, as Jesus himself said, "If I be lifted up I will draw all people to me" (John 12:32). They lifted Christ up through their patient observation of his teachings, and Christ added to their number those who were being saved.

Obviously as a pastor I am very intrigued by the history of the early church. Because not only did they grow numerically but, most importantly, they grew qualitatively. They were large Christians who, even though small in number, made a tremendous impact in their world.

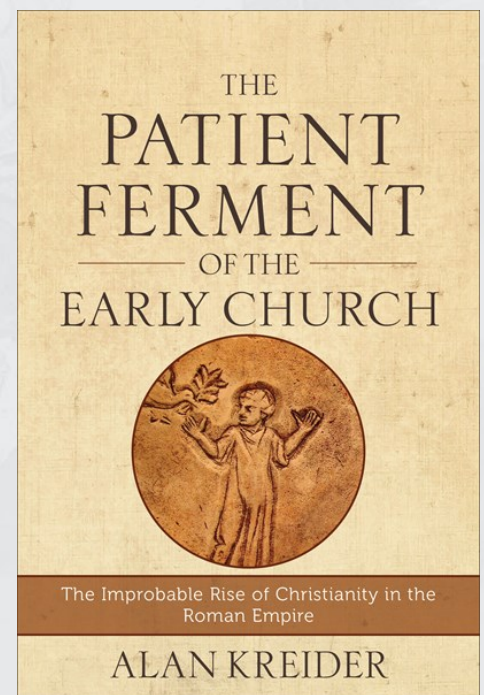
This is what I want for God's church today, particularly those saints as Church of the Saviour. The question, then, is How can the virtue of patience form us as it formed them? And, are there any ways we are embodying and being formed by impatient practices? In other words, is hurry trying to join us in our processes in any area?

I don't have the answers to these questions, but I am interested in patiently seeking them out. And, I encourage you to read the book, too. Perhaps God will give you insights that will benefit us all. If you do read it, please drop me an email and tell me what you think about it.

Keep on,

Peace and Goodness,

Pastor Meshach



# KIDS CORNER

November 2	Kids Choirs & Bells practices @ 6p
November 6	<b>All-in Sunday – No Sunday School or Kids' Corner</b>
November 9	Kids Choirs & Bells practices @ 6p
November 11	<b>Family Pizza &amp; Game Night @ 5:30p</b>
November 13	Sunday School @ 9:30a Kids' Corner @ 11a
November 16	Kids Choirs & Bells practices @ 6p
November 20	Sunday School @ 9:30a Kids' Corner @ 11a
November 27	Sunday School @ 9:30a Kids' Corner @ 11a
November 30	Kids Choirs & Bells practices @ 6p



**This month the PreK -3<sup>rd</sup> grade classes** are finishing their unit on Good News for Outsiders with lessons on Jesus welcoming the children and the Samaritan woman, and then beginning a new unit that focuses on the story of Joseph from the Old

Testament. **The 4<sup>th</sup>-6<sup>th</sup> grade class continues** in the *Be Bold* curriculum by working through some challenging questions such as "Why did God appear to people only in Bible times?" and diving into scripture to help answer those questions. **Sunday school meets at 9:30a.**

**Kids' Corner meets at 11a** on Sunday mornings for children in PreK – 6<sup>th</sup> grade. **The PreK/K class meets in room 105** and is taught by Ms. Pam Senefeld & Ms. Rachel Travis and Mr. Eric Bodge & Mrs. MacKenzie Bodge. **The 1<sup>st</sup> – 6<sup>th</sup> class meets in room 100** (Youth Room) and is taught by Mrs. Michelle Shiparski & special guest leaders.



have you join us in the nursery! Please sign up with this link:  
**Sunday Morning Volunteer Sign Up**



**Family Game Night: Minute to Win It Edition** is Friday, November 11! We'll start at 5:45p with a pizza dinner and begin the games at 6:30p. There is a range of Minute to Win It challenges so all ages

can participate! Which families will walk away with prizes? Come play and find out! Sign up here.

**Nurturing New Parents.** Are you expecting a baby, or did you recently gain a new member to your family, either by birth or adoption? During this important and precious transition in a family, we as a church want to support parents through their journey. **Nurturing New Parents Ministry** aims to serve new parents within the church. If you are a new parent, whether this is your 1st baby or 2nd or 5th, get connected by contacting the church at (513) 791-3142.



**Pennies with a Purpose.** When a child is baptized at Church of the Saviour, one of the gifts we give the family is a jar of **936 pennies**. Why? Each penny represents the approximate number of weeks from the time a child is born until they graduate, and the pennies are reminder to be intentional with the time parents have.

Pennies are donated by members of our congregation as a symbol of the investment our church family is making to partner with parents on this journey. **Want to donate your pennies?** Stop by the office & drop them off!

**We are currently scheduling volunteers**  
**for Sunday mornings in November &**  
**December. If you can share an hour**  
**once or twice a month, we'd love to**







### Confirmation Parent Meeting

- We will be hosting an informational meeting on Confirmation on November 20 from 10:30-11:00.
- Confirmation will be held for all 8th grade students and older who have not been confirmed in the United Methodist Church.
- If you plan on starting a child through confirmation in January of 2023, please be in attendance at this meeting.

#### Youth Parent Meeting

- We will have an all youth parent meeting on January 8th at 12:00 PM (please don't show up at midnight) in the fellowship hall. Students are welcome as well!
- This is my chance to share with you (the parents of youth) my vision for youth ministry, our plans for the upcoming year, and my heart for the next generation of believers.
- If you can't make it but really wish you could be there, let me know and we can grab dinner some time. I'll give you the one man show on the road!

#### The Wonderful and Awful World of Youth Sports (11/3 6:00pm)

- Hey, this is only 2 days away!
- If you have a student involved in youth sports, this is a must attend event.
- If you don't have a student in sports, come out anyways! All are welcome.
- Guess who will be there? Me, Jon Yaney.

#### Youth Volunteers Needed

- If you'd like to help out in youth ministry on Sunday evenings from 6:00-8:00, we'd love to have you!

Contact me at [jonathan.yaney@cos-umc.org](mailto:jonathan.yaney@cos-umc.org) and we can talk about you jumping on board over some McAlister's (or wherever else you want to go that's not my entire food budget). I wonder how obvious it is that I write these around lunch time.....

Youth Prayer Requests

I am updating the Youth Prayer Request email distribution list. Let me know if you want to be on that weekly email by sending a note to [cosyouth@cos-umc.org](mailto:cosyouth@cos-umc.org).

- Emails go out every Monday afternoon.

**TURNS OUT NOT ALWAYS:** Youth Sunday School almost every Sunday at 9:30am in Room 103 (but not this week because it's All In Sunday)

**ALWAYS:** Sunday Youth Group Dinners sign up [LINK](#)

**ALMOST ALWAYS:** Youth Group Sundays 6pm-8pm.

Check [Youth Ministry Calendar](#)



# Finance UPDATES

Church of the Saviour  
Financial Report Through September 2022

Income vs. Expense	September 2022		2022 Year to Date		
	Actual	Budget	Actual	Budget	% of Budget
Income					
Tithes & Offerings	\$ 77,260.74	\$ 121,041.87	\$ 1,033,185.43	\$ 1,089,376.83	94.84%
Other Income	\$ 500.58	\$ 207.50	\$ 24,333.09	\$ 1,867.50	1302.98%
Total Income	\$ 77,761.32	\$ 121,249.37	\$ 1,057,518.52	\$ 1,091,244.33	96.91%
Total Expenses	\$ 86,818.71	\$ 121,033.57	\$ 947,782.99	\$ 968,669.56	97.84%
Net Operating Surplus/(Deficit)	\$ (9,057.39)	\$ 215.80	\$ 109,735.53	\$ 1,541.20	
Net Other Income/(Expense)			\$		
Net Surplus/(Deficit)	\$ (9,057.39)		\$ 109,735.53		

# ANNOUNCEMENTS

## A Note about Door Security:

Dear members and guests of Church of the Saviour (COS):

Representatives from the Montgomery Nursery School (MNS) and Servant Leadership Boards (SLB) met to discuss the best way to ensure that our building remains safe and accessible during the current preschool year. Below is the new policy that we will be using to enable continued usage of COS space, and promote safety for the preschool and everyone using our facilities.

For the remainder of the MNS school year all exterior doors will be locked from 9AM - 3PM, Monday — Friday. If you need access to the building during these time please utilize the intercom system and a church staff member will grant access. If you have a regularly scheduled group meeting, we ask that you would create a rotation where one group member stands at the door to give your group members access until your meeting begins. Please do not prop open any doors.

Additionally, if you're in the Sanctuary portion of the building and you need to get to the church office space, we ask that you would use one of these options:

Exit the building and walk around to the entrance by the main office. This helps our preschool teachers who are trying to keep their classroom spaces safe and they may not recognize everyone from the church.  
Call the church office and a staff member can come and meet you.

Church office hours are Monday — Thursday, 9AM — 3:30PM, and Fridays by appointment only. Doors will unlock as required for evening and weekend activities.

If you have any questions or concerns please contact our Building Administrator, Dorothy Stadelmann, at [dorothy.stadelmann@cos-umc.org](mailto:dorothy.stadelmann@cos-umc.org).

Thank you for helping us continue making Church of the Saviour and Montgomery Nursery School a space where growth and relationship development can happen.

Respectfully, Montgomery Nursery School and Servant Leadership Board.

## What is Drive Through Nativity?



For the past 34 years, Church of the Saviour has hosted the Drive Through Nativity as our Christmas gift to the community! Ten different live scenes capture biblical times with animals and inspirational music. The scenes are placed throughout the parking lot at the back of the church.

Mark Your Calendar: This year's Drive Through Nativity will be held on December 11 (5:30-8:00 pm).

Admission is FREE and we have never taken any donations. The event takes place regardless of weather. It takes 10 minutes to drive through. You do not have to leave the warmth of your car.

## Drive Through Nativity Needs YOU!

We need over 200 volunteers to make everything come together for Drive Through Nativity. There is something for nearly everyone (as long as you're past the 3rd grade!). [Click here for the link to register!](#) The Deadline for signups is December 4.

If you have questions or need further details about the 2022 Drive Through Nativity or how to register, please contact: Les Sper (513-675-5987), Mary Jane Sper (513-476-7250), Sandy King (513-260-4717), or Samantha Zeisler (513-377-5784).

## Drive Through Nativity Leadership Positions are Available

Become part of the leadership team by shadowing in the following areas this year ...

- **Event Chairs**—shadow Les Sper/Mary Jane Sper ([les.e.sper@gmail.com](mailto:les.e.sper@gmail.com)/[mjsper@gmail.com](mailto:mjsper@gmail.com)).

- **Inside Cleanup**—shadow Russ Naber/Pam Senefeld ([naberrb@gmail.com](mailto:naberrb@gmail.com))

- **Luminaries**—shadow Mark Hoover/Mary Hoover ([mmhoover2001@yahoo.com](mailto:mmhoover2001@yahoo.com))

- **Outside Setup/Tear Down**—coordinate outside operations with Mike Brooks ([brooksm88@aol.com](mailto:brooksm88@aol.com))

If you want more information about any of these areas of service, contact Mary Jane Sper ([mjsper@gmail.com](mailto:mjsper@gmail.com))



# WELCOME REV. DR. KAREN CRAWFORD!

Dear Congregation of Church of the Saviour,

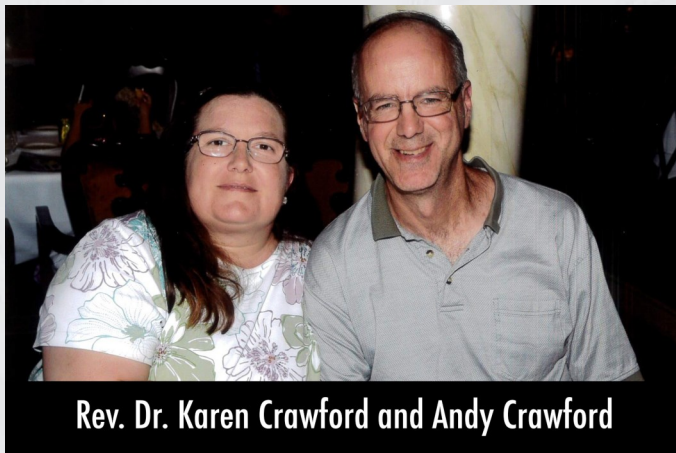
Many of us have been eagerly anticipating the day this announcement would come; well, thanks be to God, today is that day!

**We are thrilled to welcome our new Associate Pastor, Rev. Dr. Karen Crawford on Sunday, December 4.**

Thanks be to God for hearing and answering all of our prayers. And thank you to all of you who prayed, interviewed, made phone calls, or sat in on Zoom Meetings to make this day become a reality. Please read more about Pastor Karen below.

Peace and Goodness,

Pastor Meshach



**Rev. Dr. Karen Crawford and Andy Crawford**

Karen Crawford was born and raised in Pontiac, Michigan. She is the youngest of three, with two older brothers. Karen was raised in the United Methodist Church, but never dreamed as a child that God would call her to pastor a church. She had her call to ministry at the age of 17, when she was involved in an All-Terrain Vehicle accident that put her in a coma for three days. There, she had a journey with the Lord where He called her to shepherd His flock. She received her B.A. in religion and pre-theology at Ohio Wesleyan University, where she met her husband, Andy.

Karen attended seminary at United Theological Seminary, in Dayton, OH. Soon after receiving her Masters of Divinity, she was married and received her first church. Karen was called as Senior Pastor to the 2-point charge of Cedar Hill Calvary and Hoy Memorial UMCs, in Fairfield County.

Two years later, she was ordained a Deacon and appointed as the Associate Pastor to Grove City UMC, where she spent four years before being called to Delta, Ohio, to be nearer to her mother, who was succumbing to cancer.

While at Delta, Karen received her Doctor of Ministry degree from Pittsburgh Theological Seminary. Her DMin is in Parish Ministry, with emphasis in Spiritual Formation.

After seven years, Karen was asked to be an associate a second time, this time to Scioto Ridge UMC in Hilliard, a church very similar to Church of the Saviour.

Karen spent nine years in southeast Ohio, serving as Senior Pastor just two miles south of the Ohio University campus, in Athens. She was blessed to have many professors and administrators from OU in the parish, which provided the church with a great variety of gifts and ministries.

For the past three years, Karen has been serving First UMC in Mt. Sterling, the small village where Andy grew up, so that they could help provide care to Andy's ailing father.

Karen is currently in her 28th year of pastoral ministry, but she has also served as a drop-in center coordinator, worked within the Delaware County juvenile court system, and has been a christian education director and youth pastor in three separate churches during her years in the college and seminary. This gives her a little over 31 years of active ministry under her belt.

Andy has held a variety of interesting occupations as he and Karen have moved around Ohio, but he can most consistently be found coaching high school sports - 33 years total; the last 20 in cross country and track & field - and in writing syndicated sports columns. Andy is also actively involved in community theatre, having performed in over three dozen shows over the past 25 years.

Andy and Karen just celebrated their 28th year of marriage on October 15th. They have no children but have owned a variety of pet rabbits over the years. There is currently one fur baby, a sable colored female named Aurora,

One quirky thing about Andy and Karen is that they are addicted to Disney. They take nearly all of their vacations to Orlando, but they also love Disney movies and stage plays, and they even took a Disney cruise for their 25th Anniversary.

Karen is excited to be coming onto staff at Church of the Saviour. She cannot wait to meet with small groups, to get to visit with people, to preach as Pastor Meshach needs her to, and just to be an asset to both Pastor Meshach and the congregation.

**Andy and Karen are excited and ready to worship with all of you on December 4, where Karen will share a little more about her life, ministry, and the Prince of Peace.**

Welcome to Church of the Saviour Pastor Karen and Andy!

# UPCOMING OPPORTUNITIES



## Left over Halloween Candy Collection

Would you like to donate your left-over Halloween Candy to a good cause? The UWF will be collecting left over Halloween candy on November 6 in Fellowship Hall. This candy will be used in the stocking stuffer bags that are given to the children with their presents from Gifts From The Heart.

## UNITED WOMEN IN FAITH HOLIDAY CAKE SALES



United Women in Faith is having two cake sales to raise funds for missions. We need many bakers to sell 80 cakes this holiday season. We also need volunteers to help distribute sold cakes. If you are willing to volunteer for either the Thanksgiving or

Christmas cake sales, please contact Donna Steinmetz (513-563-7144 or [donna.cincinnati@gmail.com](mailto:donna.cincinnati@gmail.com)) or sign up via link below:

<https://www.signupgenius.com/go/5080848aea62bab9-holiday>

The Thanksgiving Apple Raisin Spice Cake is filled with chunks of tender apples and sweet raisins and is delicious served with whipped topping. The Christmas Cranberry Cake is a festive dessert with a delightful balance of buttery sweetness and hints of bright lemon flavor. Fresh plump cranberries give this cake a pop of yumminess, and the addition of sliced almonds provide a subtle tasty texture. It is simply delicious dusted with powdered sugar. Each cake is homemade, wrapped in festive cellophane and tied with a bow.

Place your order for holiday cakes in fellowship hall, payable by check or cash:

- Thanksgiving Apple Raisin Spice Cake: \$25, order on November 6 & 13, pick up November 20
- Christmas Cranberry Cake: \$30, orders taken all November, pick up December 18

Help support UWF mission with the purchase of a **Thanksgiving Apple Raisin Spice cake** or a **Christmas Cranberry Cake** to enjoy at your holiday celebrations or to give to a friend, hostess, or family in need.

**Gifts from the Heart is back** for the 2022 Christmas Season. Our goal is to provide 500 Christmas gifts to children in need.

Children at Wesley

Education Center, York

Street United Methodist Church, New Vision United Methodist Church, State Avenue United Methodist Church, Wesley Chapel Mission Center, and our local community will benefit from this mission.

**Look for the Angle Trees starting November 13 in the fellowship hall.** Select and angel ornament, purchase a gift for the child identified on the tag, wrap, and return the gift (s) by **NOON on Sunday December 4.**

**Join UWF and the Youth Group** on the evening of December 4, after Vespers, to sort and prepare gifts for delivery.

Other OPPORTUNITIES TO GIVE include sending a monetary donation, volunteering to be a Christmas shopper, or donating a new backpack.

**DONATE HERE:** <https://www.signupgenius.com/go/5080848aea62bab9-gifts4>

We need volunteers to make Gifts from the heart 2022 a big success! Let's **SHINE** the light of Christ with local families the Christmas season.

**VOLUNTEER HERE:** <https://www.signupgenius.com/go/5080848aea62bab9-gifts3>

**Gifts from  
the Heart**

Sign up now!





# ADVENT



## POINSETTIAS FOR THE SANCTUARY

*Order Between November 7 and December 4*

Beginning November 7, you can place your order for poinsettias. The flowers complete the sanctuary decorations for Advent and Christmas and will enhance our worship in December. As you continue through the online order process,

you can choose colors, provide dedications, and pay for your poinsettias. If you have questions about placing your order, call the church office at 513.791.3142.

\* Payment must be received online or via mail by December 4, 2022 for your order and printed dedication to be included.

\* Those who order may pick up their poinsettias following the 11:00 pm service on Christmas Eve or after worship on Sunday December 25.

[ORDER NOW](#)



## ADVENT VESPERS

*December 4, 2022 at 5:00 pm*

Dietrich Bonhoeffer once wrote, “No priest, no theologian stood at the cradle in Bethlehem. And yet all Christian theology has its origins in the wonder of all wonders that God became man.” Make your way to Church of the Saviour’s Advent Vespers service or word and song on December 4, 2022 at 5:00 pm. The readings and music point to the wonder that we experience when we realize that Christ comes to us in unexpected ways. Life gets wrapped in a lot of distraction, but Advent Vespers brings a time of quiet centering to encounter the Emmanuel, God with us. Wait, watch, and wonder at the advent of our God.

# Christmas Eve

5:00 PM - CHILDREN AND CAROLS  
7:00 PM - CONTEMPORARY CANDLELIGHT  
9:00 PM - TRADITIONAL CANDLELIGHT  
11:00 PM - TRADITIONAL CANDLELIGHT AND COMMUNION

**Peace House Ministry vision:** *To see the physical, mental, and spiritual health of our community transformed by the love of Jesus Christ.*

**The Mission is to model Christ by cultivating and bringing a brave community to promote healing, wellness, and purpose for all people**



## Montgomery Nursery School PATHS

Basset Psychological Services has a strong partnership with Montgomery Nursery School through the implementation of the PATHS program. This empirically supported social-emotional learning curriculum teaches children prosocial behaviors in a concrete way that is understandable to children as young as three years old. Emotion identification, emotion expression, and interaction with others are some of the concepts emphasized throughout the PATHS program. By being at Montgomery Nursery School on a regular basis, Dr. Sweeney is also able to offer support to teachers and families who are struggling with how to support children who exhibit challenging behaviors.

*Jill Waldon, Director of MNS, has this to say about PATHS: "It has really helped children develop their social skills, which many are lacking due the pandemic. The PATHS 'Turtle Strategy' for dealing with big feelings has made all the difference in changing undesirable behaviors in the classroom. The technique is modelled by the teachers on a daily basis. This makes for a positive learning environment that children feel safe, secure, and loved."*



### The Wonderful and Awful World of Youth Sports

An event presented by Peace House Ministries  
Thursday Nov 3, 2022  
6pm food served - 7pm presentation  
Church of the Saviour - 8005 Pfeiffer Rd  
FREE - No Reservation Required

If you are a parent of a middle school or high school athlete, we invite you to join us and learn about finding balance in youth sports!

Bring your friends and neighbors,  
this is a community-wide event!

[www.cos-umc.org/events](http://www.cos-umc.org/events)

PEACE HOUSE  MINISTRIES

## THANK YOU to the team that facilitated this event!

Church of the Saviour would like to thank the many volunteers that helped make this event possible. All the roles were needed and are appreciated – from decorating Fellowship Hall, preparing food, spreading the word to the community, greeting and serving guests, running AV tech, and more! We couldn't have done it without you. A special thanks to Andy and Emily Sweeney for being the main event and preparing the presentation.

*The Peace House team is planning for another community-wide event in early 2023. Stay tuned!*



# ADVENTURERS



**Who are the Adventurers?** The mission of this group is to offer several outreach fellowship programs that are not age restricted but are geared to all Baby Boomers, Empty Nesters, and Seniors (or those who will admit to being one). There is no membership – you are invited to come whenever and to whatever tickles your interest or imagination – and it's a great way to meet other Church of the Saviour folks.

## Mark your Calendar:



**Adventurer's Christmas Dinner** and special program at Summit Park – the Tower party room. Friday, December 9th, 5:30pm.

Bring a dish to share. Cost is \$10 per person, that

includes room rental, program, beverages, decorations and paper products. Send a check for \$10 made out to 'COS' to Jane Kieninger, 211 Legacy Lane and note what dish you would like to bring or sign up in the Fellowship Hall in between services on Sunday November 27th or December 4th. Deadline for sign up is Monday, December 5th. Don't miss this fun get together in a unique venue.

January, 2023 – Bowling Bash at Crossroads Bowling Alley. Exact date and information to come.

Annie, February 9<sup>th</sup>, 2023, 1pm Matinee at the Aronoff. I have Loge tickets for \$60.25 each. If you are interested, send me a check made out to "COS" to Jane Kieninger, 211 Legacy Lane, Cincinnati, 45249.



## UPCOMING – Other activities that you might enjoy (all ages):

**Bridge Group** – We are now meeting on the 2nd Tuesday of each month, We welcome any new members who would like to join us. We meet in the Library at the church at 12:45 pm. Please enter through the sanctuary doors. For more information, call Connie Johnson at 513-469-7774 or Nora Moushey at 513-307-5942. Questions can be addressed to Connie Johnson at 513-469-7774

([cjfohnson@gmail.com](mailto:cjfohnson@gmail.com)) or Nora Moushey at 513-307-5942 ([noramoushey@cinci.rr.com](mailto:noramoushey@cinci.rr.com))



**Men's Lunch Group** – Every Tuesday at 11:30 – 1pm in room 119. Men's Lunch Group – Starting in September we will meet every



Tuesday at 11:30 – 1pm in room 119. Bring a sack lunch. Share stories, views of current events and explore almost any topic. Some weeks we have a video study or book study. All men are welcome. Group Leader is Ed Daniels with help from Les Sper. If you are

interested just show up. Call Ed at 513-891-4564 for questions. Enter through the sanctuary door 15 minute or later before 11:30.. No reservations are required

**Matthew 25 Mission Opportunity** This COS mission will meet the 2<sup>nd</sup> Friday of every month (with a couple of exceptions) from 9:00 to 11:30 at Matthew 25, 11060 Kenwood Road. Matthew 25 is an international humanitarian aid and disaster relief organization.



Typical jobs could involve sorting clothes, or pill bottles or hospital supplies to send to needy areas in the USA and abroad. Come and see how fun and fulfilling service can be! We meet at Matthew 25 at 9, then lunch together afterwards (optional). Group coordinator is Leslie Bricker. Please sign up by contacting her at [mobricker@msn.com](mailto:mobricker@msn.com) or 513 410 2267. Please contact Leslie for the next date (there have been COVID cancelations).



Would you like to honor a living veteran who served or is currently serving in the military on Veteran's Day? Please contact Melissa Hagemei-

er ([melissa.hagemeier@cos-umc.org](mailto:melissa.hagemeier@cos-umc.org)) for details or to give their information (please also let us know if you have any updates to veterans information).

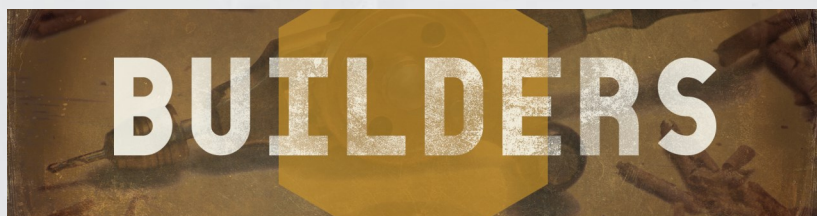
All veteran's information needs to be submitted no later than Tuesday, November 8, 2022.



Sanctuary Decorating Day is November 20, 2022

**Sign up for Sanctuary Decorating Day on November 20, 2022!**

We count on volunteers to help set up trees, hang garland, decorate wreaths, place candles, arrange nativity scenes, and much more. Some people help with more artistic elements of the decorations while other climb ladders and lift storage containers to finish the project. Everyone has a place to be involved. We start the afternoon at 12:15pm with a light lunch and brief orientation in the library. Decorating usually finishes around 3:00 pm. Volunteers work in groups with a team leader to decoratetargeted areas of the sanctuary and narthex. [Tell us you want to get involved today!](#)



#### November Builder's Events:

**Sat, Nov 12** Bro-Union on the Philpott patio (10091 Humphrey Manor Ct 45242) 5:00-10:00 pm. Guys are welcome from 5-8 pm, and spouses can join at 8:00.

**Sun, Nov 20** Ladies Night at Taglio (9321 Montgomery Rd 45242) 7:00-9:00 pm

**Fri, Dec 9** Annual Builder Women's Favorite Things Party at the Stapleton's house (7958 Huntersknoll Ct 45242) 7:00 pm

For details or questions, "like" the COS Builders page on Facebook or contact Carrie Feldmeyer ([benfeldmeyer@yahoo.com](mailto:benfeldmeyer@yahoo.com) or 865-335-7235).

#### 11:00 Builders' Adult Sunday School Class

Our plan is do a combination of video studies, sermon discussions, and book studies. Nursery and classes will be available for infant through youth. For questions or more information, contact Carrie Feldmeyer (865-335-7235, [benfeldmeyer@yahoo.com](mailto:benfeldmeyer@yahoo.com)).

#### Builders Men's Fellowship group, from 6:30 to 7:30pm on Wednesdays at the church (library).

At this point, no agenda, no reading, no preparation... just a hour to connect with one another. There will be food each week since the kids and ladies are already meeting there and bringing meals for everyone. So grab a plate and join us to hang out, talk, laugh, and support and pray for one another.

For more info or questions, contact Ben Feldmeyer (865-335-6913 or [Ben.feldmeyer@uc.edu](mailto:Ben.feldmeyer@uc.edu)).

## CHURCH OF THE SAVIOUR STAFF

HAVE A QUESTION? NEED HELP WITH SOMETHING?  
KNOW WHO TO ASK—CONTACT ANY STAFF MEMBER AT ANY TIME!

**Rev. Meshach Kanyion** Senior Pastor: [meshach.kanyion@cos-umc.org](mailto:meshach.kanyion@cos-umc.org)

**David Anderson**, Dir of Children's Music: [david.anderson@cos-umc.org](mailto:david.anderson@cos-umc.org)

**Christian Cunningham**, Contemporary Music Leader: [Christian.cunningham@cos-umc.org](mailto:Christian.cunningham@cos-umc.org)

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**Len Troy**, Treasurer: [len.troy@cos-umc.org](mailto:len.troy@cos-umc.org)

**Peyton Voline**, Worship Technology Coordinator: [Peyton.Voline@cos-umc.org](mailto:Peyton.Voline@cos-umc.org)

**Jill Waldon**, Dir. of Montgomery Nursery School: [jill.waldon@cos-umc.org](mailto:jill.waldon@cos-umc.org)

**Jon Yaney**, Youth Pastor: [Jonathon.yaney@cos-umc.org](mailto:Jonathon.yaney@cos-umc.org)

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# United Women in Faith

## MONTHLY NEWSLETTER

### NOVEMBER 2022

### A Message from the Presidents

**Jenny Motley (jennymotley71@gmail.com) and  
Karen Van Wagenen (Vanwagenen.km@gmail.com)**

*Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus.*

1 Thessalonians 5:16-18

Welcome to November! Thanksgiving is on the way. As such, my thoughts this month center on being thankful. What are you thankful for this season? How do you incorporate gratitude into a daily ritual?

Gratitude is the state of being thankful, of appreciating those things and people in life that are valuable to us. Gratitude contributes to an improved sense of well-being. As author and professor, Brene Brown says, it will "invite joy into our hearts."

Gratitude is transformative. Neuroscience research demonstrates that an attitude of gratitude increases levels of serotonin and dopamine in the brain. Just some of consequences of this altered brain chemistry are reduction in stress and anxiety, better sleep, improved relationships, and a positive life outlook.

We know from the bible that gratitude, particularly in daily prayer, shifts focus away from our inward self and towards God. When we practice an attitude of gratitude, we affirm the good in our lives and realize that these blessings are from God. Thanksgiving enables us to readily recognize God's grace.

One of the many things for which I am grateful is my community, particularly the United Women of Faith here at Church of the Saviour. UWF provides me with opportunities for friendship, mentorship, spiritual growth, and service. Recently, Bishop Gregory Palmer of West Ohio poignantly said the following about community:

"There is no deeper human longing than the longing to be in community. A community that supports, affirms, lifts up; that serves, and moves and grooves together for the healing and hope of all people in it and for the redemption of all the places where they live their lives."

... a devotion from the West Ohio Conference UWF Celebration

United Women in Faith is a community that has flexibility; you can choose to engage when, where, and how it best fits your life. I would like to invite you to find out more about UWF:

- Check out <https://uwfaith.org/>.
- Get involved with a small group at here at COS
- Opt in for "All Access" membership online where both local and nationwide resources are available.

Blessings to all of you this November, and I pray that through gratitude you will find moments of joy this season.

Jenny Motley

### NEW TIME for the UWF Monthly Board Meeting

Our next UWF board meeting is on Monday, November 3 (**10 am-12 pm**) on Zoom. Everyone is welcome to attend. Contact Jenny Motley (jennymotley71@gmail.com) for the Zoom link.

**MAKE A  
NOTE!!**

## THANK YOU

***Thank you to everyone for making the celebration of United Women in Faith on Sunday October 9 a success! We appreciate all of you for donating your time, gifts, and talents on this special day.***



### Leftover Halloween Candy ?

Would you like to donate your left over Halloween Candy to a good cause? The United Women in Faith will collect left over Halloween candy on November 6 in Fellowship Hall. This candy will be used in the stocking stuffer bags that are given to the children with their presents from Gifts from the Heart.

**UWF Board Meeting:** Our next UWF board meeting is on November 3 (10 am-12 pm) on Zoom. Everyone is welcome to attend. Contact Jenny Motley (jennymotley71@gmail.com) for the Zoom link.

This  
month's  
meetings

## SMALL GROUP MEETINGS FOR NOVEMBER

**Everyone is welcome at any of our monthly gatherings. Contact the leader/contact person to be sure you have all the details.**

**WEDNESDAY: Lydia Needlecrafters (1st and 3rd Wednesdays of the month) Leader: Donna Steinmetz (513-563-7144)**

**November 2 and 16:** Lydia Needlecrafters meet in the church parlor at 5:30 pm. (11/16 has a zoom option as well). Prayer Shawls are provided to anyone in need of God's blessings as they go through difficult times (illness, surgery, or suffering one of life's many complicated situations). Baby blankets and hats are knitted for new babies. Prayer Squares are available to be distributed to a group of people. To obtain any of these see any Lydia member, call Donna Steinmetz, or contact Dorothy Stadelmann (513-791-3142) at church.

**TUESDAY: Susanna Wesley Women in Mission**

**Leader: Sandy King (513-260-4717)**

**Tuesday, November 15:** We'll meet at 7:00 pm in Room 119. The group will put together Birthday Party Boxes for Bethany House and gift bags for End Slavery Cincinnati. Everyone is free to join us. If you have questions, contact Sandy King.

**TUESDAY: 3<sup>rd</sup> Tuesday Morning Hannah Group**

**Leaders: Euphazine Reid-Kendall (678-857-8362) and**

**NOVEMBER 15:** Join us at 10:00 am in Room 119. Refreshments will be served. We will have a book review of Dr. Norman Vincent Peale's "The Power of Positive Thinking." This book has helped millions achieve fulfillment in their lives by demonstrating the power of faith in action. By learning practical techniques, one can energize their life and give you the motivation needed to achieve your goals on how to:

- Expect the best and get it
- Believe in yourself and in everything you do
- Develop the power to reach your goals
- Break the worry habit and achieve a relaxed life
- Improve personal and professional relationships
- Assume control over your circumstances
- Be kind to yourself

All are welcome and bring a friend. If you have any more questions, call E. Reid-Kendall or Dorothy Stadelmann.

## Gifts from the Heart is Back

**Gifts from the Heart is back** for the 2022

Christmas Season. Our goal is to provide 500 Christmas gifts to children in need.

Children at Wesley Education Center, York Street United Methodist Church, New Vision United Methodist Church, State Avenue United

Methodist Church, Wesley Chapel Mission Center, and our local community will benefit from this mission.



**Look for the Angel Trees starting November 13 in the fellowship hall.** Select an angel ornament, purchase a gift for the child identified on the tag, wrap, and return the gifts by **NOON on Sunday December 4.**

**Join UWF and the Youth Group** on the evening of December 4, after Vespers, to sort and prepare gifts for delivery. Other OPPORTUNITIES TO GIVE include sending a monetary donation, volunteering to be a Christmas shopper, or donating a new backpack.

**DONATE HERE:**

<https://www.signupgenius.com/go/5080848aea62bab9-gifts4>

We need volunteers to make Gifts from the heart 2022 a big success! Let's **SHINE** the light of Christ with local families the Christmas season.

**VOLUNTEER HERE:**

<https://www.signupgenius.com/go/5080848aea62bab9-gifts3>

## Mothers and Daughters Group

**Leaders: Pam Senefeld (maxmuir1@aol.com/513-314-5042)**

**DECEMBER 4: Happy Holidays!** We do not meet in late November or December due to the holidays being so busy but we do like to gather for some fun and festivities. We will meet on Sunday, December 4 (1-2:30 pm) in the dining room to make our annual gingerbread houses. Back by popular demand, we will create individual gingerbread houses to decorate with graham crackers, candy and icing. So bring a bag of your favorite treats to share and a can of white icing to decorate the houses. You will take your creation home that day. You can also bring a canned good for NEEDS--a local food pantry. RSVP to Pam Senefeld.

**UWF Bible Study (1st & 3rd Wednesdays) on Zoom**

**Leader: Teri Ballard (513-313-4169)**

Contact Teri Ballard if you have questions about this month's class meetings.



# The Children's Closet

November Children's Closet will collect **winter gear for Jack's Closet**. Jack's Closet is a non-profit ministry of Clough United Methodist Church. It is a free closet for foster and kinship families. Their needs include **winter coats, hats, scarves, gloves, mittens, and warm clothes**. The clothes can be from baby to size 18 youth.

In case you don't know where the closet at our church is located, it is in the hallway across from the office. Of course we will be accepting donations for the other organizations we support. United Women in Faith thanks you for your generous support. Any questions can be directed to Jean Feldmeyer (Children's Closet Coordinator) [jean.feldmeyer@yahoo.com](mailto:jean.feldmeyer@yahoo.com)



## UNITED WOMEN IN FAITH HOLIDAY CAKE SALES

United Women in Faith is having two cake sales to raise funds for missions. We need many bakers to sell 80 cakes this holiday season. We also need volunteers to help distribute sold cakes. If you are willing to volunteer for either the Thanksgiving or Christmas cake sales, please contact Donna Steinmetz (513-563-7144 or [donna.cincinnati@gmail.com](mailto:donna.cincinnati@gmail.com)) or sign up via link below:

<https://www.signupgenius.com/go/5080848aea62bab9-holiday>

The Thanksgiving Apple Raisin Spice Cake is filled with chunks of tender apples and sweet raisins and is delicious served with whipped topping. The Christmas Cranberry Cake is a festive dessert with a delightful balance of buttery sweetness and hints of bright lemon flavor. Fresh plump cranberries give this cake a pop of yumminess, and the addition of sliced almonds provide a subtle tasty texture. It is simply delicious dusted with powdered sugar. Each cake is homemade, wrapped in festive cellophane and tied with a bow.

Place your order for holiday cakes in fellowship hall, payable by check or cash:

**Thanksgiving Apple Raisin Spice Cake:** \$25, order on November 6 & 13, pick up November 20

**Christmas Cranberry Cake:** \$30, orders taken all November, pick up December 18.

Help support UWF mission with the purchase of a Thanksgiving Apple Raisin Spice cake or a Christmas Cranberry Cake to enjoy at your holiday celebrations or to give to a friend, hostess, or family in need.

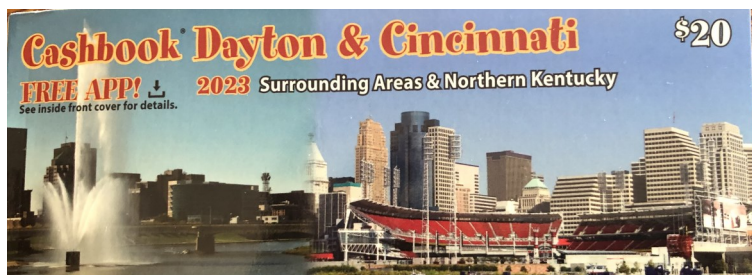


## Cashbook Coupon Books with Digital App are Available!

The United Women in Faith (UWF) will again sell the Cashbook Coupons for \$20 each. The profits will be donated to charities that support women and children locally. Popular restaurants like IHOP, Buffalo Wild Wings, Brixx Pizza, Slatts, Meritage, The Works in Loveland, Joella's, Marco Pizza, Sammy's Burgers, and over 200 more places are included. Don't want to be bothered with a paper coupon book? *A digital book is available*. Just download with the unique book code from your purchase. Easy!! Coupons are valid through 2023.

Books can be purchased at church on Sunday or at any other time directly from Charlotte Locke (call 513-891-4611), Jenny Motley ([jennymotley71@gmail.com](mailto:jennymotley71@gmail.com)/text 513-658-0982), and Leah Hondorf ([lhondorf@yahoo.com](mailto:lhondorf@yahoo.com)/text 513-304-5224).

The Cashbooks are great if you eat out and like to save money. They are fun gifts and stocking stuffers for friends, family, and teachers at the holidays.





**Sign up for the Christmas Dinner and Childcare**

All are welcome to gather with the United Women in Faith community for the UWF Christmas Celebration dinner.

RSVP and pay by December 4 at <https://www.signupgenius.com/index.cfm?go=s.signup&urlid=5080848aea62ba-b9-uwfchristmas&useFullSite=true>

Sign up for childcare by December 7 at <https://www.signupgenius.com/go/904094eaaab2ea1fc1-uwfchristmas>



9/7/22 Lydia Needlecrafters blessing and sending handmade scarves and hats to Appalachia Outreach through Matthew 25



9/30/22 Hannah Group members tour Bethany House Services

**Last Month's Activities**



# NOVEMBER BIRTHDAYS

11/1	Jan Flavin Jessica Krasen Shmuel Ocho Susan Tate	11/9	Emerson Day Kathy Kaschyk Hazel Krasen	11/16	Alex Davis Luke Mcallister Sadie Pope Stephanie Volz		Adam Woeste 11/26 Ash Bell Grace Coggins Basil Wilkerson
11/2	Carole Rauf Holden Zara	11/10	Madison Forsthoefel Aaron Maneval Avaley Schramm	11/17	Josh Davis Jane Sheetz	11/27	Dick Brown Micah Chin
11/3	Steve Coleman Patty Harrington		Ed Stewart Gordon Stokely	11/18	Jeff Hess Mishel Ocho Faye Saddlemire Vivian Schuler		Angie Philpott Joyce Spreckelmeier
11/4	Ron Gould	11/11	Dennis Anderson Pat Greer Beth Hill Sally Melcher			11/28	Steve Shiparski
11/5	Arlene Kalkbrenner Jenn Lucas Paige Woebkenberg			11/19	Margaret Butler Vicki Horsley Susan Jones Lee Ann Millisor Bob Wise	11/29	Jon McClelland
11/6	Asher Butler Nick Manny	11/12	Aiden Trawick Jeff Yetter			11/30	Justin Banke Devan Gupta
11/7	Kevin Banke Marilyn Clark Chuck deHamel Sarah Emslander	11/13	Teri Ballard Emma Barnhart Beth Dietrich Allison Dubbs Adam Risk Michelle Shiparski	11/20	Melissa Starkweather		
11/8	Ellie Stadelmann Theo Woeste			11/21	Isaiah Duwel Garey Mahoney		
				11/22	Olivia Jobe Gary Mihlbachler		
				11/24	Debra Richman		